

# WELCOME PACKAGE

## for SEX SERVICE PROVIDER\*S

- This refers to all people who provide sexual services -

### A) GENERAL INFO

#### 1) *Financial:*

Before starting in the industry, make sure you have money for:

- Traveling
  - Accommodation
  - Food
- ⇒ Do some research regarding living conditions: e.g. in regards to rent, prices in general

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#### 2) *Migration:*

- Check on current entry regulations
- Find out about legal requirements regarding migration
- Bring important documents with you

#### 3) *Keep deadlines in mind e.g. in regards to*

- General registration
- Migration issues

## B) SEX WORK-RELATED INFO

### 1) Legal info

Keep in mind that legal rules and regulations might be different in every region of one country

- a) Find out where SW is possible
  - b) What are the conditions?
    - Registration
    - Mandatory exams (Where do they take place. How long before you can actually work. What to bring with you.)
    - Residential status
    - Work authorization
    - Self-employment: what does it mean to work self-employed? (insurance; taxes, etc.)
- ⇒ Keep the deadlines in mind for the above
- Age
  - Types of SW: phone; massage; escort;...

### 2) Health –related info:

- Safer sex: work material (condoms, lubricants, sex toys etc.)
  - What are they?
  - How to use them?
- Hygiene: body, material, work environment
- STIs: which ones exist?
  - Symptoms
  - Transmission
  - Protection
  - Treatment
- Prevention: regular VOLUNTARY medical checks (Gyn.)
- Other illnesses or infections: fungi, allergies etc.
- Contraception/Reproductive health
- Info on medical system:
  - health insurance
  - medication (access)
  - specialists (hospitals – doctors)
- Where to buy condoms, menstruation sponges, sex toys etc. (e.g. pharmacies, drug stores etc.)
- Mental health: see support systems

### 3) Work

- Where do you want to work?
- Prices: research = necessary;
  - Info on how “to fix” your prices
  - Compare rents for different work spaces
- What do you want to offer?
- What resources do you need to work? (lingerie, condoms etc.)
  - What resources do you have already?
- Dealing with clients: negotiations
- Dealing with authorities/brothels
  - Document checks are possible: Who has the right to check which documents?
- Rights and obligations
- Asserting boundaries
- Types of sex work

### 4) Tips and Tricks

- Tips for professional improvement and improvement of working conditions
- List of what to bring (documents etc.)
- Safety tips for specific fields of work (online; street; etc.)
- General safety tips:
  - a) *Know your personal boundaries*
    - You have the right to say “no”
    - The money you earn is yours
  - b) *Safe places and safe people*
  - c) *Important phone numbers*
  - d) *Where to go in case of an emergency*
  - e) *Let somebody know where you are*
- Sentences in different languages (in relation to prices, services, asking for help etc.)
- Do’s and Don’ts like:
  - Do not work without protection
  - Do not work without the mandatory health exams

## 5) Support systems/Addresses:

- Sex worker\* friendly agencies (counseling centres, activist groups)

### a) *SW\*led*

- SW\* community
- Socialising with colleagues
- Peer-to-peer

### b) *Non-SW\*led agencies*

#### ⇒ **e.g. regarding:**

- Work related topics
- Migrant issues
- LGBTQIA+ topics
- Legal issues
- Emotional relief

- Mental Health professionals

- Authorities: regarding

- SW
- Taxes
- Migration/residency
- Health
- Insurance
- Registration
- Emergency situations (police; help lines; fire brigade; ambulance etc.)

#### ⇒ **For all of them: How and where to contact them:**

- ✓ Contact info
- ✓ Opening hours
- ✓ Address